

blacstur beauty institute

Blacstur Beauty Institute – Nail Course Outline

Duration: 10 Days | Minimum Attendance: 40 Hours

Certificate of Completion Upon Full Attendance & Assessment

Class Times: Monday to Friday, 09:00 – 16:00

Course Rules & Guidelines

At Blacstur Beauty Institute, we're committed to empowering students with hands-on skills and professional confidence. To maintain a high standard of training and discipline, the following rules apply:

1. Class Schedule

- Monday to Friday: 09:00 to 16:00
- All 4 days must be attended to earn certification

2. Attendance Policy

- Full attendance (minimum 40 hours) is required
- Absences must be supported by valid legal/medical proof

3. Uniform & Grooming

- Dress Code: All black
- Hair: Neatly tied back
- Makeup: Light and professional

4. Professional Conduct

- Maintain a respectful, courteous environment
- Disruptive or inappropriate conduct will result in dismissal without refund

Course Breakdown

Day 1: Nail Industry Overview & Nail Anatomy

- Career paths & industry expectations
- Natural nail anatomy & common disorders
- Hygiene, sanitation & product safety

Practical: Table setup, sanitizing tools, nail health assessment

Day 2: Nail Prep & Health

- Nail plate prep for enhancements
- Cuticle care & hand sanitization
- Nail shapes & structural understanding

Practical: Nail filing, shaping, and prepping natural nails

Day 3: Gel Application Basics

- Types of gel: Soft gel, builder gel, gel polish
- Curing methods & product control
- Contraindications & allergies

Practical: Gel polish application on natural nails

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Duration: 4 Days | Minimum Attendance: 40 Hours

Certificate of Completion Upon Full Attendance & Assessment

Class Times: Monday to Friday, 09:00 – 16:00

Day 4: Acrylic Nail Application

- Acrylic system overview (monomer + polymer)
- Powder control & bead placement
- Safety & odor management

Practical: Acrylic overlays on practice tips

Day 5: Sculpting Techniques

- Nail forms vs. tips
- Creating structured extensions
- Apex, strength zones, and balance

Practical: Sculpted gel or acrylic extensions

Day 6: Overlays, Removals & Refills

- Overlay application techniques
- Soak-off vs. e-file removals
- Backfills & touch-ups

Practical: Removal and reapplication on natural nails

Day 7: Nail Art & Design

- Color theory & application
- Freehand art, foils, glitter, chrome
- Seasonal trends & client requests

Practical: Nail art on tips and gel-finished nails

Day 8: Nail Pricing & Business Basics

- Service pricing strategies
- Intro to menu creation & product costing
- Client communication & booking systems

Exercise: Build your own price list

Day 9: Client Experience & Hygiene

- Hygiene protocols during live services
- Building trust with clients
- Professional presentation & etiquette

Practical: Full manicure or overlay service on peer or model

Day 10: Final Assessment & Certification

- Written test: Nail theory, hygiene, business
- Final Practical: Full set (gel or acrylic with design)
- Feedback, Q&A and internship nomination
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Certificates Awarded Upon Successful Completion